

This form must be used to ensure that you are free from Covid-19 symptoms and pose a limited risk to others. Once completed please sign and date the form and send an e-version or give a paper copy to the dojo member responsible for registration.

NAME		
eMAIL	PHONE	
Last practice date		

VACCINATION	1 <sup>st</sup> Vaccination Date	2 <sup>nd</sup> Vaccination Date
RECORD		

Are you currently diagnosed	YES	NO
with or believe you may have		
Covid-19?		

Do you currently display any of the following symptoms?

	YES	NO
High Temperature (fever)		
A new or continuous cough		
Loss or change to your sense of taste or smell		
New unexplained shortness of breath		

Have you been in contact with a confirmed or	YES	NO	MAYBE
suspected Covid-19 case in the last 10 days?			

If you have answered YES to any of these questions you should stay at home, inform your dojo and seek medical advice.

Signature (written,typed,electronic)	

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