

Ren Shin Kan

Aikido Timetable



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Juniors T. Crowley 09:30 - 11:00	Adults M. Perrins 10:00 - 12:00
Adults M. Penrose / G. Jones 19:30 - 21:30	Adults P. Smith 19:30 - 21:00		Adults M. Penrose / G. Jones 19:30 - 21:30	Adults P. Smith 19:30 - 21:00		

